

# grind & co.

## LUNCH

### **Grind & Co Burger 18.00**

chicken fillet, house sauce, cheese, rocket, bacon, tomato on a brioche bun & sweet potato fries

### **Americana Burger 17.00**

180grm all Australian beef pattie, american cheese, lettuce, tomato, aioli, ketchup and pickles on a brioche bun with side of shoe string fries & dipping house sauce

### **Deep South Burger 18.00**

tender chicken breast in chefs secret crust, fine slices cabbage mix, mayo, american cheese, and pickles on a brioche bun with side of shoe string fries & dipping house sauce

### **Steak The Grind Way 17.00 (gf option available +\$2)**

marinated lean steak strips with charred capsicum, fried onions, american style cheese, beetroot relish and grilled tomato on toasted sourdough with side of shoe string fries & dipping house sauce

### **The Feast 23.00 (gf option available)**

marinated lamb or chicken shawarma, fattoush salad, traditional garlic dip, mixed pickles and flat bread with side of shoe string fries & flat bread

### **Dukkah Squid 20.00 (gf)**

strips of lightly coated tender squid tossed in lemon dressing dusted with house made dukkah on a bed of mix leaf salad, side of shoe string fries and aioli

### **American Buffalo Wings 16.00**

buttermilk deep fried chicken wings tossed in hot buffalo sauce served with ranch dressing and side of shoe string fries

### **Chicken Avo Salad 19.50 (gf)**

grilled tender chicken breast tossed with avocado, capsicum, spanish onion, sundried tomato, cucumber, crushed walnuts and mixed leaf with house Chefs dressing

### **Lamb Salad 19.50 (gf)**

tender slow cooked lamb tossed with roasted butternut pumpkin, roasted beetroot, spanish onion, sundried tomato and rocket sprinkled with almond flakes dressed w/ balsamic reduction & splash of lemon olive oil dressing & pomegranate jewels

### **Falafel Bowl 19.50 (gf / vegan)**

house made falafels, hommos, pickles, chickpea & mint salad

### **Crispy Salmon 23.00**

perfect crispy salmon on a bed of pan fried kale, salad quinoa, pepitas, cherry tomatoes, roasted butternut pumpkin and danish fetta with lemon lime infused olive oil dressing

### **Veggie Dream 21.00 (gf option available / vegan)**

house made falafels, eggplant fries, fried cauliflower, fattoush salad and with side of traditional tahini dipping sauce & Arabic bread

## **Sides**

shoe string fries with aioli	7.00
sweet potato fries with dill aioli	9.00
loaded fries with cheese, bacon chilli and shallots	12.00
haloumi fries topped with zaatar yogurt, fresh mint and pomegranate jewels	14.00